

**Some people think that the internet has brought people close together while others think that people and communities are becoming more isolated.**

**Discuss both side and give your opinion.**

We live in an era where technology seems to bloom exponentially after the introduction of industrialization. Many believe that, with the help of the internet, the world has been made smaller by bridging the gap between them while, others say it has only made people and communities more secluded. This essay discusses both the views before arriving at a logical conclusion.

Firstly, internet have many advantages out of which bringing people together is one for sure. This is due to the advancement of technology. This has certainly helped in socialising. Facebook is an example for the same, which is a social media platform that helps in building and maintaining relations. Video conferencing facilities has certainly helped many in overcoming the travel difficulties to see their dear ones amid this COVID-19 times. With the popularity of internet, borders are certainly no more a governing factor in building and maintaining relationships.

On the other hand, all these developments have lead the men to a virtual world where relations are no longer valued. This might be due to the over addiction of people to internet. As per the survey released by Hindu Newspaper recently, it was found that, majority of the people who are having access to internet have anxiety and depression problems. They consider them to be alone although they are surrounded by many in the real world as they tend to depend too much on internet for solutions. This issue need to be seriously addressed or else it could lead to poor mental health of society in the future.

In conclusion, in this digital age, internet is an essential to get the life moving forward. This certainly have helped in bringing people closer, but at the same time, have also made people more secluded to themselves. I believe internet should be used for building the social relations, but at the same time they should also use it diligently and should not get addicted to it. In the end, each one of us is responsible for taking care of our fellow beings as we all are social beings.